

Dr. Jorida Rustemi Stachos, MA, MSc

Përgjegjëse e Departamentit të Shkencave të Sjelljes dhe Shëndetit- FSHSS, UNIBA

Prezantime në konferenca dhe botime:

Haxhiu, J., & Rustemi, J. (2026). Attitudes towards drug use among teens in the city of Tirana. Paper presented at the Barleti Scientific Forum XXI: Applied Research, Innovation and Smart Specialization for Sustainable Growth, Barleti University, Tirana, Albania.

Rustemi, J., Pogaci, I., & Banka, V. (2026). Artificial intelligence in children's learning: Supportive tool or developmental risk? In *Proceedings of the 21st International & Interdisciplinary Conference*. University of Gjakova, Kosovo.

Rustemi, J. (2026). Emotional engagement and online hate speech in reality television audiences: Psychological reflections from Big Brother VIP Albania. In *Proceedings of the International Interdisciplinary Conference: Sciences and Innovation for Sustainable Development* (pp. xx–xx). "Eqrem Çabej" University of Gjirokastrë.

Rustemi, J. (2026). Psychologists' perceptions of telepractice in psychological assessment: Ethical, clinical, and professional challenges in Albania. In *Proceedings of ASPA-26: Advancing Standards in Psychological Assessment: Research and Practice in Albania* (pp. xx–xx). University of Shkodër "Luigj Gurakuqi."

Rustemi, J., Çekani, S., Zegali, M., Nuhu, K., Abazi, L., Bodinaku, A., Murataj, O., Prendi, A., Soto, C. J., & John, O. P. (in preparation). *Cross-cultural adaptation and validation of the Albanian Big Five Inventory-2 (BFI-2): Evidence for domain- and facet-level structure, reliability, and construct validity*.

Projekte kërkimore aplikative

2023- 2024

YouthAct Center

Expert Psychologist

Youth Net – Choose Yourself project, funded by the Agency for the Support of Civil Society

Main Tasks and Responsibilities:

- Developing tools and methods to enhance digital education and career-building skills.
- Supporting the creation of youth-centered mental health services.
- Facilitating trainings to increase employability in the digital labor market.
- Strengthening young people's capacities for coping and adaptation in a digital environment.

2023

YouthAct Center

Expert Psychologist

BeWell@Digital project, funded by the Erasmus+ program

Main Tasks and Responsibilities:

- Provide psychological expertise and support in youth empowerment initiatives.
- Contribute to the design and implementation of psychosocial support activities targeting adolescents and young adults.
- Promote mental health awareness and well-being through community outreach and educational workshops.

2025

YouthAct Center

Trainer and Expert Psychologist POLITEIA Thematic Session: "The Role of Youth Mental Health in Building a Resilient Society"

Regional Youth Dialogue for Europe (RYDE) project, funded by the European Union November.

Main Tasks and Responsibilities:

- Delivering expert presentations across four thematic sessions on youth mental health.
- Contributing to discussions on the role of mental health in building a resilient society with representatives from the Western Balkans.
- Facilitating knowledge exchange among participants from Serbia, Albania, Bosnia and Herzegovina, Montenegro, Kosovo, and North Macedonia.
- Providing psychological expertise to support evidence-based approaches to youth mental health policy and practice within the context of European integration.

2025 – ongoing

Barleti University (UNIBA), Tirana, Albania

UNIBA Project Coordinator

WB-EDU4Migration project, funded by the Erasmus+ Programme

Main Tasks and Responsibilities:

- Coordinating institutional participation and ensuring alignment with project objectives and timelines.
- Liaising with partner institutions across Kosovo, Albania, and the EU (Denmark, Austria, Italy).
- Supporting the development of curricula and digital micro-credential courses for social workers in migration-related fields.
- Contributing to capacity-building initiatives aimed at enhancing social workers' competencies to support migrant populations.
- Overseeing reporting, documentation, and communication requirements at the institutional level.

2026 – ongoing

Barleti University (UNIBA)

Researcher & Stakeholder Engagement Expert
PEARL-Lab Project: "Patient Engagement for Advancing Responsible Living Labs" Partnership with Universitat Internacional de Catalunya (UIC Barcelona)

Main Tasks and Responsibilities:

- Participating in stakeholder engagement and co-creation sessions on ethical patient engagement and participatory innovation within healthcare and Living Lab environments.
- Contributing to the development of responsible innovation practices within clinical and research ecosystems.
- Collaborating with clinicians, researchers, patients, caregivers, and living lab experts from partner institutions.
- Supporting the implementation of participatory methodologies within the project framework.

Trajnime të ndjekura

17–18 Nëntor 2025

Universiteti Barleti

Pjesëmarrëse

Training of Trainers (ToT) – në kuadër të projektit WB-Edu4Migration, financuar nga Komisioni Evropëan përmes programit Erasmus+

16 Shkurt 2026

Universiteti Barleti

Pjesëmarrëse

Leksion i hapur organizuar nga Njësia e Zhvillimit të Kurrikulës dhe Cilësisë (NJZHKC), në bashkëpunim me Komisionin e Sigurimit të Standardeve dhe Cilësisë, me lektor Prof. Dr. Aleksandër Xhuvani – në kuadër të zhvillimit profesional të stafit akademik

17 Mars 2026

Barleti Medical Group

Pjesëmarrëse

Trajnim për inovacionin e përgjegjshëm ORRI – në kuadër të projektit ndërkombëtar PEARL-Lab